

WELL-BEAUTY

OUR MESSAGES AND TREATMENTS

RELAXING MASSAGE WITH BIO HOT OILS

25 min. | 55 min. € 35,00 | € 70,00

Massage that gives a feeling of deep relaxation with the regenerating power of organic hot oils.

ANTI-STRESS MASSAGE

25 min. | 55 min. € 35,00 | € 70,00

Massage that reactivates our ability to self-heal and that helps us to perceive our inner consciousness and the body's signals for unparalleled physical and mental well-being.

NEW LULUR

55 min. | € 75,00

Massage that comes directly from the island of Java. Ideal for relieving muscle tension and tension, reducing stress and instilling vitality and energy, illuminating the skin with renewed beauty.

REFLEX

25 min. | € 35,00

An ancient and delicate Chinese foot massage technique that uses acupuncture reflex points to restore energy flow.

AYURVEDA-SHIRODHARA

55 min. | € 85,00

Centuries-old Indian technique which, thanks to ancient Ayurvedic knowledge, relaxes the mind, the central nervous system and reduces psycho/physical stress. Particularly suitable for sufferers of migraines, headaches and anxiety. The treatment consists in a trickle of lukewarm oil that is poured (Dhara) on the forehead (Shiro) for purifying and revitalizing well-being.

INDIVIDUAL SPA VITALITY

55 min. | € 75,00

A journey through the pleasure of the senses in a relaxing atmosphere, a personalized path designed for your well-being. The treatment consists of 1 energizing personal body scrub with Dead Sea salt, 1 crystal spa water ritual and 1 relaxing and detoxifying body massage with joy essential oil.

LEG LYMPH DRAINAGE

25 min. | € 35,00

Massage that reduces the accumulation of liquids that stagnate in the tissues and in the superficial layers of the skin, facilitating venous and lymphatic flow. Eliminates accumulated toxic substances and improves venous and lymphatic circulation.

ANTI-CELLULITE MASSAGE

40 min. | € 45,00

The massage is carried out with thermo-active cream. It is particularly useful for dissolving fat deposits.

FLAT STOMACH

55 min. | € 65,00

Reducing, deflating and toning treatment with green tea clay.

SHEA BUTTER MASSAGE

25 min. | € 40,00

Delicate massage with moisturizing and regenerating action, offering elasticity to the skin.

CANDLE MASSAGE RITUAL

25 min. | € 45,00

A warming sensation will caress your whole body, the wax will stimulate your energy, enveloping scents will regenerate you and movements will give you a deep feeling of well-being.

AYURVEDA

55 min. | € 75,00

Ancient Indian therapeutic massage to restore harmony and balance between mind and body. It is performed with the use of essential oils (Vata - Pitta - Kapha) according to your individual needs.

CHAKRA STONE MASSAGE

55 min. | € 75,00

The power of hot lava stones is combined with an Ayurvedic massage. Slow and enveloping movements relax and release the tension of body and mind.

TOTAL BODY LYMPH DRAINAGE *

55 min. | € 70,00

A carefully studied and natural massage that rebalances the lymphatic system. Recommended for the treatment of oedema, lymphatic stasis, headaches and dark circles under the eyes. This treatment restores tone to the body thanks to the elimination of swelling due to fluid build-up.

** We use the Woder method, based on slow rhythm and movement.*

CONNECTIVE MASSAGE

45 min. | € 50,00

It acts on the connective tissue, located under the skin, where excess fat is deposited.

RAXODO FIRING MASSAGE

40 min. | € 45,00

Specific for firming the skin with the use of natural creams.

REDUCING TREATMENT

55 min | € 70,00

Revolutionary body treatment that completely shapes the silhouette.

LEG WRAP 55 min. | € 55,00

Your legs are wrapped with cold gel gauze. The bandage, combined with a massage, improves the functioning of the circulatory and lymphatic systems.

FACE GYM 25 min. | € 45,00

New bio-lifting method. A new exercise system to stimulate the facial muscles, causing a lifting effect that time and loss of muscle tone have taken away. Designed for firming the face and re-defining its contours.

DEEP CLEANSING 55 min. | € 60,00

With peeling, blemish extraction, personalized mask and massage.

SUBLIME LIFTING DELUXE 55 min. | € 65,00

Manual treatment that makes the skin smoother, preserving its elasticity and giving it an exceptional lifting effect.

HYDRA PLUS FACIAL MASK 25 min. | € 45,00

Suitable for dry and dehydrated skin.

BIO-CLAY MASK 25 min. | € 40,00

With the active ingredients of thermal mud, it offers light and harmony to the skin.

SPORT

THERAPEUTIC PHYSIOTHERAPY MASSAGE

25 min. | € 35,00

Problems of movement and body pain are managed with a physiotherapy treatment consisting of massotherapy, manipulative and muscle energy techniques.

With the possibility of adding exercises in the water.

SACRAL SKULL 25 min. | 55 min. € 45,00 | € 75,00

It is a manipulative treatment aimed at restoring mobility between the cranial bones but also of the rest of the body using both light and targeted techniques aimed at those areas of the body that affect the cranial-sacral rhythm.

NATURAL BEAUTY (LAND AND WATER)

DETOX THERAPY € 35,00

Ideal for purifying the skin. It consists of a warm clay "embrace" over the whole body with a bath in mineral-enriched water and ozone.

BIO CLAY FOR HANDS AND WRISTS € 18,00

Immersion of the hands up to the wrists in thermal clay. Effective treatment to relieve pain from a variety of pathologies or traumas.

BREATHE € 15,00

Application of thermal mud in areas affected by sinusitis and colds. A compress that helps to clear the airways as well as to offer immediate relief.

PSO-BATH 15 min. | € 25,00

Pure thermal mineral-enriched bath with the addition of specific ozone for psoriasis sufferers. Relief is immediate from the very first session.

BODY SCRUB-PEELING

Purifying ritual to obtain perfectly clean, hydrated, soft, smooth and velvety skin.

Recommended treatment before each massage.

- With Dead Sea salt 25 min. | € 40,00
- Thermal gommage with oligo-elements 25 min. | € 40,00
- Oriental magic scrub 25 min. | € 40,00
- Milk / vanilla scrub 25 min. | € 40,00

CALLUS PEEL 40 min. | € 45,00

With partial pedicure. It is a revolutionary treatment of the calluses of the foot. This exfoliating peeling will make your feet soft and callus-free.

SKIN ANTI-AGE COLOUR LIFT 55 min. | € 70,00

Innovative face lifting treatment with air-massage brush, dermal cellular stimulation with ultrasound and natural cosmetics.

RE-WHITE TREATMENT 55 min. | € 65,00

Lightening and illuminating treatment for skin with dark spots (hyperpigmentation).

ILLUMINATING MASK 25 min. | € 45,00

Gives tired skin a fresh and luminous appearance.

IMPORTANT INFORMATION

- The wellness centre, located on the first floor, is open every day from 8:00 am to 7:00 pm.
- Treatments can be booked at the reception desk. We recommend our guests book the desired treatments in advance by calling +39 049 793499 or by sending an e-mail when booking the stay.
- To cancel the treatments booked, please notify us 24 hours prior to avoid being charged for the treatment. The treatments proposed in the packages cannot vary, but it is possible to create a personalized wellness programme and reserve it at the time of the reservation.
- At the time of booking, we kindly ask you to notify us of particular physical conditions, such as pregnancy, allergies, etc., which may affect the choice of treatment.